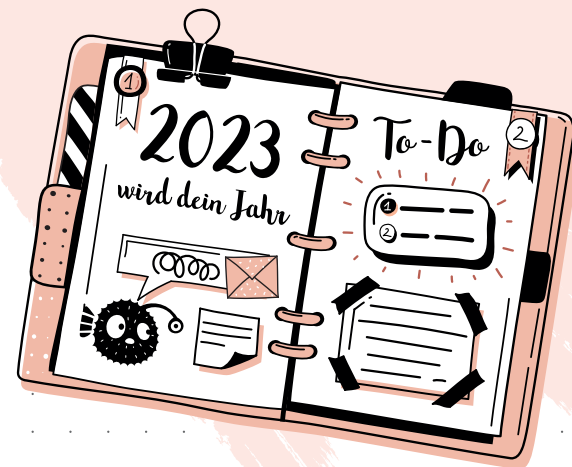


Vorlagen-Paket für dein

# bullet JOURNAL



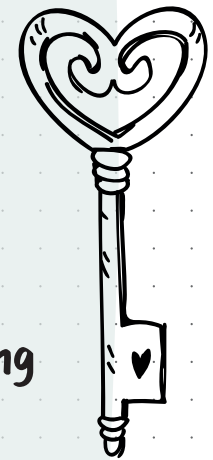
PAPIERDRACHEN

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# Legende (Key)

- Aufgabe
- angefangen
- erledigt
- gestrichen
- Veranstaltung
- Verabredung
- Notiz



# JAN

M D M D F S S

1  
2 3 4 5 6 7 8  
9 10 11 12 13 14 15  
16 17 18 19 20 21 22  
23 24 25 26 27 28 29  
30 31

# FEB

M D M D F S S

1 2 3 4 5  
6 7 8 9 10 11 12  
13 14 15 16 17 18 19  
20 21 22 23 24 25 26  
27 28

# MÄR

M D M D F S S

1 2 3 4 5  
6 7 8 9 10 11 12  
13 14 15 16 17 18 19  
20 21 22 23 24 25 26  
27 28 29 30 31

# APR

M D M D F S S

1 2  
3 4 5 6 7 8 9  
10 11 12 13 14 15 16  
17 18 19 20 21 22 23  
24 25 26 27 28 29 30

# MAI

M D M D F S S

1 2 3 4 5 6 7  
8 9 10 11 12 13 14  
15 16 17 18 19 20 21  
22 23 24 25 26 27 28  
29 30 31

# JUN

M D M D F S S

1 2 3 4  
5 6 7 8 9 10 11  
12 13 14 15 16 17 18  
19 20 21 22 23 24 25  
26 27 28 29 30

# JUL

M D M D F S S

1 2  
3 4 5 6 7 8 9  
10 11 12 13 14 15 16  
17 18 19 20 21 22 23  
24 25 26 27 28 29 30  
31

# AUG

M D M D F S S

1 2 3 4 5 6  
7 8 9 10 11 12 13  
14 15 16 17 18 19 20  
21 22 23 24 25 26 27  
28 29 30 31

# SEP

M D M D F S S

1 2 3  
4 5 6 7 8 9 10  
11 12 13 14 15 16 17  
18 19 20 21 22 23 24  
25 26 27 28 29 30

# OKT

M D M D F S S

1  
2 3 4 5 6 7 8  
9 10 11 12 13 14 15  
16 17 18 19 20 21 22  
23 24 25 26 27 28 29  
30 31

# NOV

M D M D F S S

1 2 3 4 5  
6 7 8 9 10 11 12  
13 14 15 16 17 18 19  
20 21 22 23 24 25 26  
27 28 29 30

# DEZ

M D M D F S S

1 2 3  
4 5 6 7 8 9 10  
11 12 13 14 15 16 17  
18 19 20 21 22 23 24  
25 26 27 28 29 30 31

# Jan

M D M D F S S

1 2 3 4 5 6 7  
8 9 10 11 12 13 14  
15 16 17 18 19 20 21  
22 23 24 25 26 27 28  
29 30 31

Termine

Aufgaben

# Feb

M D M D F S S

1 2 3 4  
5 6 7 8 9 10 11  
12 13 14 15 16 17 18  
19 20 21 22 23 24 25  
26 27 28 29

Termine

Aufgaben

# Mär

M D M D F S S

1 2 3  
4 5 6 7 8 9 10  
11 12 13 14 15 16 17  
18 19 20 21 22 23 24  
25 26 27 28 29 30 31

Termine

Aufgaben

# Apr

M D M D F S S

1 2 3 4 5 6 7  
8 9 10 11 12 13 14  
15 16 17 18 19 20 21  
22 23 24 25 26 27 28  
29 30

Termine

Aufgaben

# Mai

M D M D F S S

1 2 3 4 5  
6 7 8 9 10 11 12  
13 14 15 16 17 18 19  
20 21 22 23 24 25 26  
27 28 29 30 31

Termine

Aufgaben

# Jun

M D M D F S S

1 2  
3 4 5 6 7 8 9  
10 11 12 13 14 15 16  
17 18 19 20 21 22 23  
24 25 26 27 28 29 30

Termine

Aufgaben

# Jul

M D M D F S S

1 2 3 4 5 6 7  
8 9 10 11 12 13 14  
15 16 17 18 19 20 21  
22 23 24 25 26 27 28  
29 30 31

Termine

Aufgaben

# Aug

M D M D F S S

1 2 3 4  
5 6 7 8 9 10 11  
12 13 14 15 16 17 18  
19 20 21 22 23 24 25  
26 27 28 29 30 31

Termine

Aufgaben

# Sep

M D M D F S S

1  
2 3 4 5 6 7 8  
9 10 11 12 13 14 15  
16 17 18 19 20 21 22  
23 24 25 26 27 28 29  
30

Termine

Aufgaben

# Okt

M D M D F S S

1 2 3 4 5 6  
7 8 9 10 11 12 13  
14 15 16 17 18 19 20  
21 22 23 24 25 26 27  
28 29 30 31

Termine

Aufgaben

# Nov

M D M D F S S

1 2 3  
4 5 6 7 8 9 10  
11 12 13 14 15 16 17  
18 19 20 21 22 23 24  
25 26 27 28 29 30

Termine

Aufgaben

# Dez

M D M D F S S

1  
2 3 4 5 6 7 8  
9 10 11 12 13 14 15  
16 17 18 19 20 21 22  
23 24 25 26 27 28 29  
30 31

Termine

Aufgaben



## Termine

Five horizontal pink bars for writing dates.

## Aufgaben

Five horizontal pink bars for writing tasks.

M D M D F S S


## Ziele

Three horizontal pink bars for writing goals.

## Nächster Monat





















Three horizontal pink bars for writing the next month's plans.

MONTAG

DIENSTAG

MITTWOCH
















DONNERSTAG

FREITAG

SAMSTAG

SONNTAG

Ziele


To-Do






# TERMINE

# AUFGABEN

	1	
	2	
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	28	
	29	
	30	
	31	

## TO DO

## IDEEN

## HABIT TRACKER

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30

### Sport gemacht

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30

## NOTIZEN

## BALD



Montag

Empty dotted grid box for Monday with a pink dot in the top left corner.

Dienstag

Empty dotted grid box for Tuesday with a pink dot in the top left corner.

Mittwoch

Empty dotted grid box for Wednesday with a pink dot in the top left corner.

Donnerstag

Empty dotted grid box for Thursday with a pink dot in the top left corner.

Freitag

Empty dotted grid box for Friday with a pink dot in the top left corner.

Samstag

Empty dotted grid box for Saturday with a pink dot in the top left corner.

Sonntag

Empty dotted grid box for Sunday with a pink dot in the top left corner.

To-Do Liste

Five horizontal pink bars for a to-do list.



M D M D F S S

SCHREIBEN  
ÜBUNG  
LESEN  
ZAHNSEIDE  
WASSER

tracker



MONTAG

DIENSTAG

MITTWOCH

DONNERSTAG

FREITAG

SAMSTAG

SONNTAG

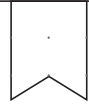
NÄCHSTE WOCHE

to do

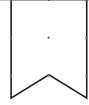

ideen


wichtige  
DATEN

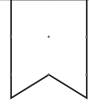

montag



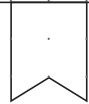
dienstag



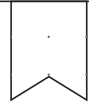
mittwoch



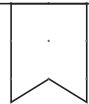
donnerstag



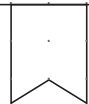
freitag



samstag



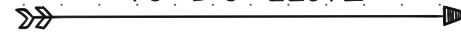
sonntag



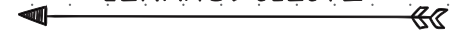
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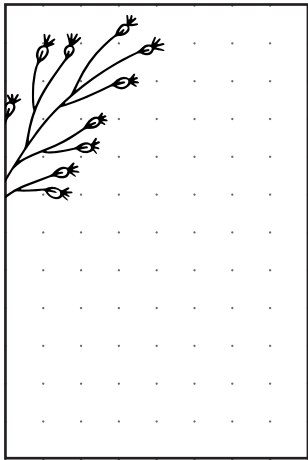


## TO-DO-LISTE



## EINKAUFLISTE





MI

DO



MO

FR

DI

SA



SO

Montag

Dienstag

Mittwoch

Donnerstag

Freitag

Samstag

Sonntag

Wichtig

# Gewohnheiten

Worksheet with 10 horizontal bars for habit tracking. Each bar is followed by two rows of 15 circles, representing a 30-day period.

# Gewohnheiten



	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

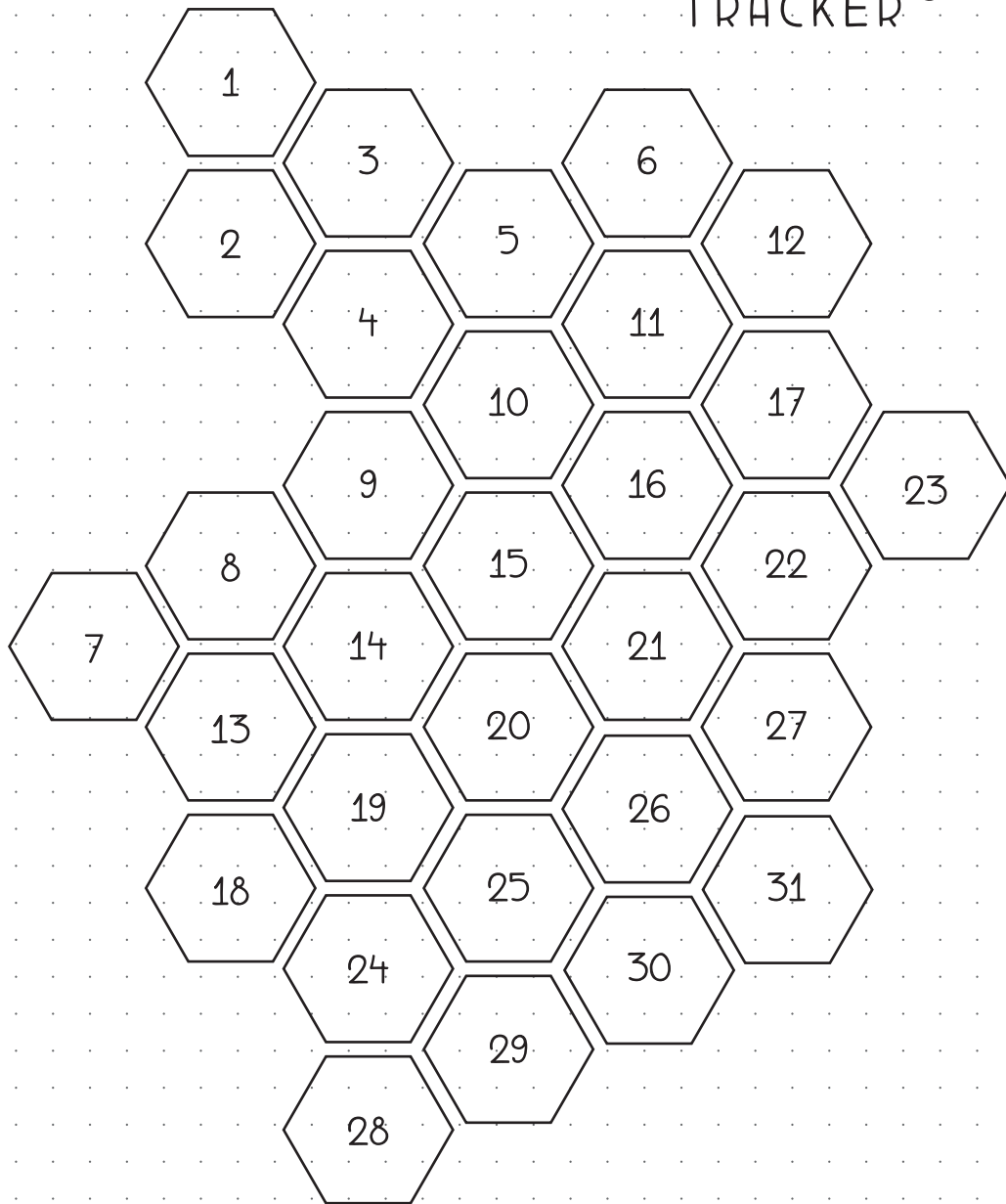
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

# Schlaf

TRACKER



# BUDGET

Tracker

DATUM

FÜR WAS?

BETRAG



